

Your Dance & Performing Arts Program Timetable 2025



HD Jr.
5 - 9 years

Our love of dance further blossoms, tapping into and further developing each Child's inner creative, artistic and technical attributes with enthusiasm and joy!

Tuesday	
04:15pm-05:15pm	Ballet Syllabus & Production Foundation Primary (5-6)
04:15pm-05:15pm	Ballet Syllabus & Production Level 1/2 (6-8)
05:15pm-06:15pm	Jazz/Tap Combo Beginner (5-8)

Wednesday	
05:00pm-06:00pm	Hip Hop Level 1 (5-7)
05:00pm-06:00pm	Hip Hop Level 2 (8-10)
05:00pm-06:00pm	Street Beats Jnr Boys (5-8)
06:00pm-07:00pm	Contemporary Level 2 (7-10)

Thursday	
04:00pm-05:00pm	Jazz/Tap Combo Level 1 (5-8)
05:00pm-06:00pm	AcroArts Dance Jnr Level 1 (5-7)
05:00pm-06:00pm	AcroArts Dance Jnr Level 2 (8-10)
06:00pm-07:00pm	Jazz Level 2 (8-10)

Friday	
05:00pm-06:00pm	Musical Theatre Jnr (5-8)

Saturday	
09:00am-10:00am	Ballet Syllabus & Production Primary 1 (5-6)
10:00am-11:00am	Ballet Syllabus & Production Primary 2 (6-7)
11:00am-12:00pm	Ballet Syllabus & Production Level 1 (7-8)
11:00am-12:00pm	Ballet Syllabus & Production Level 2 (7-8)
12:15pm-01:15pm	Jazz/Tap Combo Beginner (5-8)
12:15pm-01:15pm	Jazz Level 2 (8-10)
01:15pm-02:00pm	Tap Level 2 (8-10)

Your Dance & Performing Arts Program Timetable 2025



HD Inter 9-12 years

Our motivated & passionate dancers further develop and find delight in growing their technical and artistic skillset all whilst being supported by their peers & HD Dance Community!

Wednesday	
05:00pm-06:00pm	Contemporary Level 3/4 (10-12)
06:00pm-07:00pm	Hip Hop Level 3/4 (10-12)
06:00pm-07:00pm	Street Beats Inter Boys (10-12)

Thursday	
06:00pm-07:00pm	AcroArts Dance Level 3/4 (10-12)

Friday	
06:00pm-07:00pm	Musical Theatre Inter (10-12)

Saturday	
11:00am-11:45am	Stretch & Strengthen Preparatory Pointe (10-12)
12:00pm-01:00pm	Ballet Level 3 (10-11)
12:00pm-01:00pm	Ballet Level 4 (11-12)
01:00pm-02:00pm	Ballet Production Level 3/4 (10-12)
02:15pm-03:00pm	Tap Level 3/4 (10-12)
03:15pm-04:15pm	Jazz Level 3/4 (10-12)



HD Senior 12-14 years

With their confidence, capability and kindness this is a wonderful time for these dancers to challenge their boundaries and make delightful progress in achieving their goals with the love and support of their friends & HD Dance Community, with them every step of the way!

Monday	
05:00pm-06:00pm	Ballet Level 5 (12-13)
05:00pm-06:00pm	Ballet Level 6 (13-14)
06:30pm-07:30pm	AcroArts Dance Senior (13+)

Friday	
05:00pm-06:00pm	Contemporary Senior (13-15)
06:00pm-07:00pm	Hip Hop Senior (13-15)
07:00pm-08:30pm	Musical Theatre Senior (13+)

Saturday	
11:00am-12:00pm	Tap Senior / Advanced (13+)
12:00pm-12:45pm	Stretch & Strengthen Floor Class (12-14)
01:00pm-02:30pm	Ballet Open Class Senior Level 5/6 (12-14)
02:30pm-03:15pm	Pointe & Repertoire Senior (13-14)
03:30pm-05:00pm	Jazz Senior (13-15)

Your Dance & Performing Arts Program Timetable 2025



HDAdvanced 15+ years

A true part of the fabric that makes the HD Dance Community shine!

An inspirational member they are passionate dance advocates and leaders for the next generation all whilst pursuing their dreams and goals, with dance & the HD Dance Community always by their side every step of the way!

Monday	
05:00pm-06:30pm	Ballet Intermediate (14-16)
05:00pm-06:30pm	Ballet Dance Spectrum 1 (13+)
06:30pm-07:30pm	AcroArts Dance Senior (13+)
07:30pm-09:00pm	Ballet Cecchetti Diploma (17+)

Friday	
05:00pm-06:00pm	Contemporary Advanced (16+)
06:00pm-07:00pm	Hip Hop Advanced (16+)
07:00pm-08:30pm	Musical Theatre Senior (13+)
7:00pm - 8:00pm	Commercial Heels Advanced (16+)

Tuesday	
05:00pm-06:30pm	Ballet Advanced 1 (15+)
06:30pm-08:00pm	Ballet Advanced 2 (16+)

Saturday	
11:00am-12:00pm	Tap Senior / Advanced (13+)
12:00pm-12:45pm	Stretch & Strengthen Floor Class (15+)
01:00pm-02:30pm	Ballet Open Class Advanced (15+)
02:30pm-03:15pm	Advanced Pointe & Repertoire (15+)
03:30pm-05:00pm	Jazz Advanced (15+)

Wednesday	
07:15pm - 08:30pm	Adult DanceFit (18+)



HDLeadership

Leadership / Vocational Teacher Training Program
10+ years

For our most dedicated dancers who are wanting to pursue dance leadership & education through vocational pathways

Tuesday	
08:00pm-09:30pm	Associate & Status (17+)

By Appointment / Invitation	
By Appointment	DanceStep Student Teacher Training Program 
By Appointment	VCE/VET Dance



Your Dance & Performing Arts Program Pathway

A true part of the fabric that makes the HD Dance Community shine! An inspirational member they are passionate dance advocates and leaders for the next generation all whilst pursuing their dreams and goals, with dance & the HD Dance Community always by their side every step of the way!

With their confidence, capability and kindness this is a wonderful time for these dancers to challenge their boundaries and make delightful progress in achieving their goals with the love and support of their friends & HD Dance Community, with them every step of the way!

Our motivated & passionate dancers further develop and find delight in growing their technical and artistic skillset all whilst being supported by their peers & HD Dance Community!

HDJnr.
5 - 10 years

Our love of dance further blossoms, tapping into and further developing each Childs inner creative, artistic and technical attributes with enthusiasm and joy!

HDInter
10-12 years

HDSenior
12-15 years

HDAdvanced
15+ years

HDLeadership
Leadership & Teacher Training Program
(By invitation Only)

For our most dedicated dancers who are wanting to pursue dance leadership & education through vocational pathways



18m - 5 years



More than a preschool dance program. By nurturing a passion for movement, music, and dance, we foster an environment where children can thrive both physically and emotionally. Through our focus on the three Cs - coordination, confidence, and creativity - we aim to provide a well-rounded experience that prepares children for a lifetime of success.